

## Naturopathy Day observed at RGU

**RONO HILLS, Nov 18:** The second Naturopathy Day was celebrated at the Rajiv Gandhi University (RGU) here in Papum Pare district on Monday. The day is celebrated on 18 November signifying its promise in empowering people through health, which is in the vision of the document registered as All India Nature Cure Foundation Trust on 18 November, 1945. Attending the programme, Prof Tomo Riba urged the participants to adopt naturopathy health tips or nature cure to lead a healthy lifestyle. Dr Muralidharareddy Veeram from the National Institute of Naturopathy, Pune presented a paper on the topic 'Mahatma Gandhi nature cure and the importance of naturopathy in day-to-day life.' It is said that Gandhi treated his son and wife with naturopathy principles. He practised nature cure to keep himself healthy and also used it on dear and near ones. Doctors and faculty members from the Tomo Riba Institute of Health and Medical Sciences, Naharlagun participated in the celebrations. The programme was organized under the aegis of 'National Institute of Naturopathy', Pune, in association with Placement Cell, Career Counselling Cell, Health Centre of the Rajiv Gandhi University Doimukh and VMR Foundation.

1. News published in: -The Arunachal Times
2. On 19 November 2019.
3. Type: Regional newspaper.
4. Place : Itanagar Arunachal Pradesh